

# ■ TOP 10 TOXIC FOODS & PLANTS FOR DOGS

Emergency Reference · SmartPaws.dog · Print & Keep on Your Fridge

📞 ASPCA Poison Control: (888) 426-4435 · Pet Poison Helpline: (855) 764-7661 · Both lines 24/7

## ■ TOXIC FOODS

### Grapes & Raisins

Kidney failure even in tiny amounts

### Xylitol (sugar-free gum)

Rapid insulin release, liver failure

### Chocolate

Theobromine — dark chocolate most toxic

### Onions & Garlic

Destroys red blood cells, anemia

### Macadamia Nuts

Weakness, tremors, hyperthermia

### Alcohol

Coma and death in small amounts

### Caffeine

Seizures, cardiac arrest

### Raw Yeast Dough

Expands in stomach, produces alcohol

### Wild Mushrooms

Liver failure — never let dogs eat any

### Avocado

Persin causes vomiting/diarrhea

## ■ TOXIC PLANTS

### Sago Palm

All parts toxic — 1-2 seeds can kill

### Oleander

Cardiac glycosides, heart failure

### Azalea/Rhododendron

Cardiovascular collapse

### Foxglove

Heart arrhythmias, death

### Yew (Taxus)

Sudden cardiac arrest

### Autumn Crocus

Multi-organ failure

### Castor Bean

Ricin — extremely lethal

### Lantana

Liver toxicity, all parts toxic

### Tulip Bulbs

GI irritation, cardiac issues

### Aloe Vera

Vomiting, tremors, lethargy

## ■ HOUSEHOLD HAZARDS

### Antifreeze

1 tsp = fatal kidney failure

### Rat Poison

Internal bleeding, 3-5 day delay

### Acetaminophen/Ibuprofen

GI ulcers, kidney/liver failure

### Tea Tree Oil

Liver damage, paralysis

### Mothballs

Seizures, liver damage

### Permethrin (dog flea tx)

Safe for dogs — TOXIC TO CATS

### Tobacco/Nicotine

Seizures, death

### Bleach/Cleaners

Chemical burns internally

### Fertilizers

GI upset, organ damage in large amounts

### Fabric Softener Sheets

Corrosive GI injury

## ■ WATCH FOR THESE SYMPTOMS

|                   |                          |                      |                          |
|-------------------|--------------------------|----------------------|--------------------------|
| Vomiting/Diarrhea | → Call vet if persistent | Seizures/Tremors     | → <b>EMERGENCY</b>       |
| Pale/Yellow Gums  | → <b>EMERGENCY</b>       | Difficulty Breathing | → <b>EMERGENCY</b>       |
| Lethargy/Weakness | → Call vet               | Excessive Thirst     | → Call vet (kidney risk) |

Full list with severity ratings: [smartpaws.dog/toxic-foods-dogs](https://smartpaws.dog/toxic-foods-dogs) | © SmartPaws — Free to print and share