

TOP 10 TOXIC FOODS & PLANTS FOR CATS

Emergency Reference · SmartPaws.dog · Print & Keep on Your Fridge

📞 ASPCA Poison Control: (888) 426-4435 · Pet Poison Helpline: (855) 764-7661 · Both lines 24/7

■ TOXIC FOODS

Onions, Garlic & Chives

Destroys red blood cells — cats very sensitive

True Lilies (Easter, Tiger)

Even pollen causes fatal kidney failure

Xylitol

Hypoglycemia, liver failure

Alcohol

Respiratory failure, coma in tiny amounts

Caffeine

Seizures, cardiac arrest

Chocolate

Theobromine toxic — cats rarely eat voluntarily

Wild Mushrooms

Liver failure — never allow access

Raw Yeast Dough

Expands in stomach, produces alcohol

Grapes & Raisins

Kidney failure — any amount dangerous

Macadamia Nuts

Weakness, hyperthermia, vomiting

■ TOXIC PLANTS

True Lilies (all types)

MOST DANGEROUS — even water from vase

Sago Palm

All parts toxic — 1-2 seeds can kill

Oleander

Cardiac glycosides, heart failure

Azalea/Rhododendron

Cardiovascular collapse

Yew (Taxus)

Sudden cardiac arrest

Autumn Crocus

Multi-organ failure

Castor Bean

Ricin — extremely lethal

Lantana

Liver toxicity, all parts toxic

Philodendron/Pothos

Calcium oxalates — oral burning, vomiting

Aloe Vera

Vomiting, tremors, lethargy

■ HOUSEHOLD HAZARDS

Permethrin (dog flea tx)

NEVER apply dog products to cats — fatal

Acetaminophen (Tylenol)

Even 1 tablet can be fatal to cats

Tea Tree & Essential Oils

Cats lack enzymes to metabolize — fatal

Antifreeze

1 tsp = fatal kidney failure

Rat Poison

Internal bleeding + relay toxicity

Mothballs

Seizures, liver damage — cats more sensitive

Tobacco/Nicotine

Seizures, death

Bleach/Cleaners

Cats groom residue from paws

Rubber Bands/String

Linear obstruction — surgical emergency

Fertilizers

Cats walk through treated soil, then groom

■ WATCH FOR THESE SYMPTOMS

Vomiting/Diarrhea	→ Call vet if persistent	Seizures/Tremors	→ EMERGENCY
Pale/Yellow Gums	→ EMERGENCY	Difficulty Breathing	→ EMERGENCY
Lethargy/Weakness	→ Call vet	Excessive Thirst	→ Call vet (kidney risk)

Full list with severity ratings: smartpaws.dog/toxic-foods-cats | © SmartPaws — Free to print and share